

JSD ELITE FINISHING PROGRAM





90-Day Residential High-Performance Cricket Camp

A selection-based residential program designed exclusively for already-performing cricketers who want the final edge before trials and competitive seasons.

PROGRAM OVERVIEW

The **JSD Elite Finishing Program** is a **3-month intensive residential performance camp** where selected players live, train, recover, and perform like professionals.

This program focuses on **refinement, consistency, and match-readiness**—not basics.

-  Location: Dehradun
 -  Residential Stay: Hotel Accommodation
 -  Duration: 90 Days
 -  Intake: **Only 14 Seats** | Strictly Selection-based
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KEY HIGHLIGHTS

• Specialist Coaches from Across India

Position-specific experts for batting, fast bowling, spin, wicket-keeping, and all-rounders—bringing diverse exposure and elite methodologies.

• Advanced Video Analysis (BCCI-Level)

In-depth performance breakdown by experienced analysts: - Bat swing & shot selection - Bowling action efficiency - Fielding movement & reaction time - Match decision-making under pressure

• High-Performance Fitness & Testing

Professional fitness training and performance tests conducted by reputed cricket fitness influencers, focusing on: - Speed, agility & explosiveness - Endurance & strength benchmarks - Injury prevention & recovery





• Yoga & Strengthening Sessions



Focused yoga and strengthening sessions designed to improve: - Core stability & flexibility - Mental focus & breath control - Recovery support & injury risk reduction

• Match Simulation & Pressure Training

Real-match scenarios designed to sharpen temperament, consistency, and performance in high-pressure situations.

WHO SHOULD APPLY (ELIGIBILITY)

-  District / State-level players
-  Regular match performers
-  Players preparing for trials or upcoming season
-  Age Group: 13–23 years (exceptional cases considered)






-  Not for beginners
-  Not for hobby or casual players

This program is for performers who want to dominate—not participate.

PROGRAM FEES (90 DAYS)

Total Fee: ₹3,60,000

Fee Breakup:

-  Hotel Stay: ₹1,20,000
 -  Meals & Nutrition: ₹75,000
 -  High-Performance Cricket Training: ₹1,20,000
 -  Specialist & Guest Coaches: ₹30,000
 -  Performance Tracking & Recovery: ₹15,000
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WHY THIS PROGRAM?

- “This is not training. This is refinement.”
 - “Not for beginners. Not for time-pass.”
 - “Your final 10% improvement—before it matters most.”
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ADMISSIONS

Only 14 Seats Available | Strictly Selection-based entry

Apply only if you are already performing.

Train like a professional. Live like one.